

SATWANT KOUR

HUMAN RIGHTS ACTIVIST - LECTURER



SKILLS

Strong knowledge of Punjabi language and literature

Effective communication and presentation skills

Ability to develop engaging and interactive teaching methods

Strong research skills, including data analysis and academic writing

Excellent organizational skills, including event planning and management

EDUCATION

Ph.D in Punjabi

Lahore College For Women University

Currently Enrolled

M-Phil (MS) Punjabi

Lahore College For Women University

2018-2020

3.42 CGPA

M.A Punjabi

University Of Punjab

2015-2017

1st Division

B.A Punjabi

University Of Punjab

2013-2015

2nd Division

Intermediate

Bise Lahore

2008-2010

2nd Division

Matric

Bise Lahore

1997-1999

2nd Division

PROFILE

I am a lecturer at Kinnaird College, currently pursuing a Ph.D. in Punjabi literature. As an activist for Punjabi culture and language, I am passionate about preserving and promoting this rich cultural heritage. I strive to provide a stimulating learning environment for my students while also working towards making a positive impact on the world. Through my teaching, research, and activism, I aim to ensure the continued growth and preservation of Punjabi language and culture.

WORK EXPERIENCE

General Secretary

PSGPC (Pakistan Sikh Gurdwara
Parbandhak Committee)

2024-Till date

- Developed strategic solutions for challenges faced by the Sikh community by engaging with Gurdwara committees in London, Birmingham, and Derby, fostering collaborative efforts across both Pakistan and the UK.
- Advocated for Sikh community rights through collaboration with government agencies and religious organizations, facilitating successful pilgrimages and religious events.
- Ensured efficient service of meals to Sikh pilgrims and visitors by organizing and overseeing Langar Sewa operations, streamlining meal distribution in community kitchens.
- Improved hospitality for Sikh pilgrims by coordinating their arrival at key entry points, including Wagah Border and airports, ensuring a smooth and welcoming experience.

Lecturer

Kinnard College For Women University

2022-Till date

- Increased student engagement in Punjabi language and culture by initiating interactive discussions and activities that sparked curiosity and enthusiasm.
- Enhanced students' understanding of Punjabi heritage through innovative teaching methods, including multimedia resources and cultural immersion experiences.
- Developed critical thinking and participation skills by facilitating group exercises, debates, and hands-on projects tailored to deepen language proficiency.
- Created an inclusive learning environment where students felt confident expressing themselves in Punjabi, continuously adapting strategies to meet diverse learning needs.

Ad-hoc Lecturer

Kinnard College For Women University

2021-2022

- Provided a well-rounded educational experience by developing and delivering curriculum materials that covered Punjabi language, literature, history, and cultural traditions.
- Improved student comprehension across diverse proficiency levels through a variety of teaching methods, including lectures, workshops, and interactive discussions.
- Encouraged critical analysis of evolving Punjabi society by incorporating contemporary issues and current events into lesson plans, fostering deeper reflection on cultural dynamics.
- Increased student engagement through real-world applications by organizing cultural events, guest speakers, and field trips that connected classroom learning with the broader Punjabi community.

SATWANT KOUR

FIRST SIKH WOMAN PHD SCHOLAR - PAKISTAN

LANGUAGES

Punjabi

Urdu

Pashto

Hindi

English


INTERESTS

- Exploring Punjabi literature, music, and art
- Organizing and participating in cultural events
- Researching and learning more about Punjabi language and literature
- Attending seminars, conferences, and workshops
- Traveling to different regions with Punjabi culture

REFERENCES

Dr Kalyan Singh Kalyan

 Assistant Professor

 Govt. College University, Lahore

Gurcharan Singh

 Assistant Professor

 Govt. Degree College, Nankana Sahib

WORK EXPERIENCE

Researcher

Guru Nanak Research Chair

- Contributed to interdisciplinary studies by collaborating with researchers, scholars, and experts to exchange ideas and share insights related to Punjabi studies.
- Enhanced public and academic understanding of Punjabi culture by disseminating research findings through publications, conferences, and public lectures.
- Promoted the preservation of Punjabi heritage by engaging with community stakeholders, cultural institutions, and policymakers, ensuring research outcomes were effectively applied to promote language and culture.

ACHIEVEMENTS

1. International Punjabi Conference Certificate by Lahore College for Woman University
2. Gurmukhi Learning Certificate Course by PIOLA&C (2017)
3. Joint Social Action for Equal Rights and Opportunities by NCA and PDF (2018)
4. Participation at Political Structure, Governance, and Right to Information Act by CWSA (2018)
5. Capacity Building of Minority Rights Defenders in Press Relations by JDHR (2018)
6. Baba Guru Nanak Joti Jot Seminar by DSRFC (2019)
7. International Sikh Convention Award by Governor Punjab (2019)
8. Jagat Punjabi Award by WPF (2019-20)
9. Participation at Sikh Heritage Sites in Punjab by UNESCO & IAS (2020)
10. International Punjabi Conference Certificate by LCWU (2020)
11. 1st Web Punjabi Conference Certificate by LCWU (2020)
12. 4th International Punjabi Conference Certificate by LCWU (2021)
13. 5th International Punjabi Conference Certificate by LCWU (2022)
14. Certificate of Training by Kinnard College for Woman (2022)
15. Certificate of Appreciation by Kinnard College for Woman (2022)
16. Certificate of Paper Presenter by Lahore College for Woman University (2023)
17. Certificate of Participation by University of Sunderland (2023)
18. Memorial Award by Bhai Sahib Randhir Singh Trust UK (2023)
19. Certificate of Participation by Punjabi Parchar (2023)
20. Certificate of Participation by Anti-Drug & Tobacco Committee (2024)
21. 4 Certificates of Participation by World Centre for Punjabi on different occasions (2024)
22. PSGPC BiBi Nanaki Sewak Jatha Award by Dera Chal, Lahore (2024)
23. 150 Sala Singh Sabha Award (2024)
24. Certification of Participation by World Punjabi Conference (2024)
25. Outstanding contribution in Literature/Art award by Punjabi Sahit Kala Kender, UK (2024)
26. Appreciation award by Akaal Channel, UK (2024)
27. National Sikh Conference participation certificate by Khalsa Darbar Gurdwara, UK (2024)
28. 3 Women Empowerment & Mentoring Program Certificate by NAHE and HEC (2025)
29. 7th International Punjabi Zuban Adab Fun ty Saqafat Session Conductor (2025)
30. Guru Granth Sahib Vich Berajman Arbi Farsi Shabdavali da Ajoka chetar Certificate (2025)
31. International Punjabi Foundation Canada Memorial Award by World Center for Punjab (2025)
32. Two Day 1st International Conference Certificate by GCU Faisalabad (2025)
33. International Webinar on Women Leadership in HE by UCSI & Michigan State University (2025)
34. Workshop on Mental Health Matters by LCWU (2025)
35. Sufi Tradition From Baba Farid Till Ghulam Farid Conference Certificate by WPC (2025)
36. International Punjabi Zuban Adab Fun Conference Certificate by Jagat Punjabi Sabha (2025)

PUBLICATIONS

- Putuhari Meti da Vtjara | *Book (Chapter)* | 2025
- Guru Grenth Sahib vich Barajman Arabi, Farsi Shabdawli da Ajoka Chiter | *Journal Article* | 2025
- Dard Avlrey | *Book* | 2024
- The Muslims who saved the life of Guru Gobind Singh | *Journal Article* | 2024
- Guru Nanak Bani wich Arabi Shabdawali: Ik Verwa | *Journal Article* | 2023
- Kandyali Tar | *Book* | 2023
- Depiction of Present Life Style in Heer Waris Shah | *Journal Article* | 2023
- Guru Nanak - Life and Philosophy | *Book* | 2023
- Hindustani Prakirti vich Wahdaniyat da soma | *Journal Article* | 2022
- Parvaz (Translation) | *Book* | 2022
- Punjabi Qisa Kav dian Kthanak Rooriaan | *Book* | 2020