
Dr. Aiysha Safdar Ali

Objective:

To apply my skills in a challenging & dynamic environment that fosters and rewards positive attitudes, proactive work style & shared goals to be the part of the team that “wants to make a difference” & is driven by the “will to succeed”.

Education:

2016 Courses	PhD International Relations	PUNJAB UNIVERSITY LAHORE
2011 Courses	M-Phil International Relations	KINNAIRD COLLEGE
2005-2009 Courses:	BA (hons) International Relations	KINNAIRD COLLEGE

Achievements:

- Launching PHD International Relations Program as Head of Department International Relations.
- Awarded with SDG Excellence Award 2024 by the Governor of Punjab Sardar Saleem Haider Khan at Governor House Lahore.
- Introducing successful IRCMUN in Kinnaird College for Women since 2021.

Work Experience:

- Working as Associate Professor Department of International Relations in Kinnaird College Lahore since 11th September 2023.
- Serving as Head of Department International Relations, Kinnaird College for Women Lahore from 20th July 2020.
- Working as Assistant Professor International Relations in Kinnaird College Lahore from 1st January 2017 till 10th September 2023.
- Worked as Lecturer International Relations in Kinnaird College Lahore from 15th August 2016 to 31st December 2016.
- Worked as a Civilian Instructor Pakistan Navy War College (PNWC) Lahore September 2012- February 2016

Research Report:

- Pakistan as a Trade and Energy corridor in Pak China Relationship (2001- 2007). This research report was presented for the degree requirement of (BA honours).

Research Thesis:

- The strategic and socio economic significance of Gwadar Port. Challenges and Opportunity for Pakistan. (MPhil Thesis)
- Power Politics in Indian Ocean: Impact on regional stability (2001-2011). (PhD Thesis)

Supervisor for BA (Hons.) Degree in International Relations:

Sr	Title of thesis	Student's Name	Year
1	P5 plus 1-Iran nuclear deal and its implications on the regional dynamics of South Asia	Anushay Khan	2017
2	Strategic Maritime Prospects and challenges for Indian Ocean littoral states	Afia Waheed Khan	2017
3	An assessment of geo-strategic and geo-political engagement of China in Central Asia (post 1991)	Shanza Noor	2017
4	The role of Israel lobby in US foreign policy towards Middle East	Zuha Malik	2017
5	Role of Regional and Extra-Regional Powers in South China Sea dispute (2010-2018)	Fatima Asad Saman Naeem	2018
6	Nuclear Deterrence in South Asia; Stability-Instability Paradox	Amal Rohail Tooba Ghaffar Nishat Shuja	2019
7	The Revival of US economy post Iraq and Afghanistan wars (2001- 2010)	Ramsha Masood Sumbal Tausif	2019
8	The populist movement: the case study of Arab Spring with reference to Syria and Yemen	Minal Maqbool Asma Batool	2020
9	Analysis of China's Strategic Involvement in African Region and Its Regional Implications (1949-Present)	Haya Fatima and Faiza Abid	2021

10	The US Free and Open Indo-Pacific Strategy: Implications for China (2017-present)	Maheera Munir and Alishba Binte Amin	2021
11	Assessing the democratic peace theory: Case of post arab spring states (2010-2020)	Aleezah Dreshak and Urva Amir	2022
12	Redefining the security architecture of South Asia: moving from traditional to non-traditional security understanding (2001- 2021)	Zoha Abid and Aimen Yousaf	2022
13	Redefining the Security Architecture of South Asia: Moving From Traditional to Non-Traditional Security Understanding (2001-2021)	Zoha Abid Waris	2023
14	Meta Geopolitics & Turkey's Shifting Global and Regional Position Under Erdogan (2003-2023)	Nimra Cheema and Neha Sehr Khan	2024
15	Great Power Competition in Outer Space: Challenges and Implications for Global Security in the 21st Century.)	Syeda Mehak Fatima and Maira Waheed	2024
16	US Threat Perception in South China Sea: Integrated Deterrence as a Response to A2AD (2009-2023)	Barrag Sohail and Akasha Haq	2024
17	Russian Securitization of Arctic in 21st Century	Umdah Noor and And Ayesha Noor	2024

Supervisor for M Phil Degree in International Relations:

Sr	Title of thesis	Student's Name	Year
1	Indian electronic media and Pakistani society in the globalized world	Bakhtawar Siddique	2018
2	Dynamics of Global Jihad Narrative: A case study of Al Qaeda and Islamic State of Iraq and Syria	Kinza Tahir	2019
3	Nuclear Deterrence in South Asia: A Case Study of India and Pakistan (2000-2018)	Iram Qayyum	2019
4	US posture towards Iran's conservative regime post 1979	Rubab Zahra	2019
5	China's rise: A threat to US national security (9/11- present)	Amna Manzoor	2019

6	US-North Korea nuclear relationship: Challenges and prospects (2006-till present)	Ifrah Mir	2020
7	Indo- Japan Strategic partnership in the Indo-Pacific region: Implications for US (2000-2019)	Umama Anwer	2020
8	Dynamics of Global Jihad Narrative: A Case study of Al Qaeda and Islamic State of Iraq and	Kinza Tahir	2019
9	Emerging US-JAPAN relations & its impact on East Asian and Indo-Pacific security (2000-2020)	Arsh Shahid Khan	2021
10	Revisiting Blue Economy: Challenges and Prospects for the Maritime Sector of Pakistan	Rutt Syed	2021
11	Sino-US strategic competition in Indo-Pacific: Omni directional hedging of the middle powers (2013-2022)	Maheera Munir	2022
12	Revisiting Global Economic Governance: Geo- Economic role of China in Africa Post BRI Era	Mariam Iftikhar	2022
13	Analysing the credibility of Meta-geopolitical Framework: Implications of Kindleberger trap on China- (post BRI)	Ramsha Tariq	2022
14	Prospects of Sino-Russian cooperation in the Arctic: Implications on maritime security (2014-2022)	Haya Fatima	2023
15	An analysis of Turkish foreign policy: Case study of geopolitical competition in the Eastern Mediterranean	Faiza Abid	2023
16	Sino-US Strategic Competition in Indo-Pacific: Omni directional hedging of the Middle Powers (2013-2022)	Maheera Munir	2023
17	Hydro-Management Crisis in Pakistan: An Emerging Non- Traditional Security Issue (1999-2022)	Zainab Mahmood	2023
18	Emergence of Strategic Triangle in the Indian ocean: Implications and Opportunities for Pakistan (2013-2022)	Hafsa Farooqi	2023
19	Neo-Colonialism in West Africa: A Critical Analysis of Politico-Economic Role of Extra Regional Powers (2013- 2023)	Rabbia Safdar	2024

20	Exploring Global Technological Competition in Warfare: Assessing China's Pace and its Impact on Global Security (2001-2023)	Shahzeb Chaudry	2024
----	---	-----------------	------

Supervisor for Masters Degree in War Studies

Sr	Title of thesis	Student's Name	Year
1	Transforming Fossil Fuels through Pyrolysis for commercial transport- A feasibility study	Wg Cdr GD(P) Yasir Saleem PAF	2014
2	Addressing religious extremism in Pakistan	Cdr (S)(LMAC) Javed Iqbal PN	2014
3	Human Resource Development in Pakistan and its impact on socio- economic development	Lt Cdr (S)(LMAC) Muhammad Javed Khan Suri PN	2014
4	Comparative analysis of Basic public and private sector Education- Way forward	Lt Cdr (WE) Muhammad Haseeb PN	2014
5	Determining viability of windmills in Pakistan	Lt Cdr (ME)(AEA) Muhammad Jamil PN	2014
6	Evolving dynamics of Central Asian States- Future prospects for Pakistan	Lt Cdr (Ops)(C) Muhammad Zubair PN	2014
7	Sectarian Disharmony in Pakistan- Causes and Strategy for Capacity building	Lt Cdr (Ops)(C) Muhammad Daud PN	2014
8	An Appraisal of ASEAN Defence Policy	Lt Cdr Dzul Khairi Bin Mat Saad RMN	2014
9	E commerce- Barriers to growth in Pakistan	Cdr (Spl) Muzammil Iqbal PN	2013
10	Role of Independent Think Tanks in National Policy Making	Major Mumtaz Ali Khan PA	2013
11	Child labour in Pakistan- a problem or a myth?	Lt Cdr(I) Zahida Parveen PN	2013
12	Impact of Indian Electronic media on Pakistan's society- An evaluation	Lt Cdr (Spl) Shazia Saleem Khan PN	2013
13	Iran's nuclear capability and its impact on Middle East	Lt Cdr (Ops)(PWO) Shahzad Ahmed Cheema PN	2013
14	Individual Moral and National Power	Major Reda Abdel Aziz Albatoush RJNF	2013

Supervisor for Service Papers

Sr	Title of Service Paper	Student's Name	Year
1	Working of Central Naval marts- Measures for Improvement	Lt Cdr (S) (LMAC) Haroon Badar PN	2014
2	Performance of Bahria College vis-a vis Contemporary Institutions- An Appraisal	Lt Cdr (S) (LMAC) Asad Iqbal Khokhar PN	2014
3	Streamlining of welfare funds for PN personnel- Way forward	Lt Cdr (Ops) (G) Asad Khan PN	2014
4	Stocktaking in PN Depots- Challenges and Way ahead	Lt Cdr (S)(LMAC) Fahd Sharif PN	2014
5	Utilization of merchant marine during crisis by Bangladesh	Cdr (S) M Mohiuddin BN	2014
6	Karachi Shipyard and Engineering Works- Future	Lt Cdr (Ops) Ali Haider Shah Kazmi PN	2013
7	Welfare onboard PN ships- Measures to improve	Lt Cdr (S)(LMAC) Muhammad Adeel Abid PN	2013
8	Need for research in PN	Lt Cdr (Ops) Muhammad Atif Shamshad PN	2013
9	Long term solution of NHS- Remodelling on lines of DHA	Lt Cdr (Ops) (PWO) Muhammad Zahid Shahid PN	2013
10	The role of Chinese navy in UN peace keeping missions	Lt Cdr (N) Xie Xiaofei PLA(N)	2013
11	The effect of media operations in modern warfare- Challenges and prospects	Lt Cdr Abiodun Folorunsho NN	2013
12	IUU (Illegal, Unreported and unregulated) fishing in Srilanks- Measures to contain	Lt Cdr W W W M I Perera SLN	2013

Lectures Attended:

S No	Guest Speaker	Lecture Date	Topic

1.	Mr Hussain Saqib Financial Advisor (Navy) Naval Headquarters ISLAMABAD	09 Sep 13	Elements of National Power – Linkages between Economic and Military Power
2.	Mr Hussain Saqib Financial Advisor (Navy) Naval Headquarters ISLAMABAD	13 Jan 14	Media Manipulation and War
3.	Captain Nadeem Shan PN Commanding Officer Pakistan Navy School of Logistics KARACHI	28 Aug 13	Writing of Minutes on File
4.	Dr Farzad Rafi Khan	30 Aug 13	Research Methodology
5.	Dr Farzad Rafi Khan	30 Aug 13	Research Paper Format/Contents
6.	Mr Ikram Sehgal	12 Sep 13	Concept of National Security
7.	Vice Admiral Khan Hasham Bin Saddique HI(M) Commander Pakistan Fleet Fleet Headquarters at PNS HAIDER	10 Apr 14	Concept of National Security
8.	Vice Admiral (R) Asaf Humayun HI(M) DG NCMPR Bahria University	26 Sep 13	Indian Maritime Strategy
9.	Vice Admiral (Retd) Iftikhar Ahmed Rao HI(M)	16 Sep 13	Fundamentals of Maritime Strategy and Evolution of Maritime Warfare
10.	Commodore Ali Abbas SI(M) COMDESRON 25 at PN Dockyard KARACHI	27 Sep 13	Fundamentals of Surface Warfare
11.	Cdre Shahid Sohail Rao SI(M) COMNAV at PNS MEHRAN KARACHI	10 Oct 13	Maritime Air Operations
12.	Rear Admiral Farrokh Ahmad SI(M) Director General Joint Warfare & Training Joint Staff Headquarters RAWALPINDI	17 Sep 13	Principles of War
13.	Syed Talat Hussain	13 Jan 14	Role of Media in a War or Military Campaign
14.	Mr Najam Sethi GEO TV	18 Dec 13	Media Workshop

15 .	Dr Mehdi Hasan	18 Dec 13	Media Workshop
16 .	Mr Farhan Hussain	19 Dec 13	Media Workshop
17 .	Mr Arif Nizami	20 Dec 13	Media Workshop
18 .	Maj General Asim Saleem Bajwa T Bt DG ISPR	17 Jan 14	Military Media Relations
19 .	Air Marshal Sohail Aman HI(M) Deputy Chief of Air Staff (Operations)	23 Sep 13	Fundamentals of Air Strategy
20 .	Group Captain Amir Rashid PAF	16 Jan 14	Efficacy of Force Multipliers in Modern Air Warfare
21 .	Mr Ahmer Bilal Soofi Chairman Research Society of International Law (Pakistan)	01 Jan 13	Introduction to International Law and Law of the Sea
22 .	Vice Admiral (Retd) Iftikhar Ahmed Rao HI(M)	21 Apr 14	Maritime Economy
23 .	Vice Admiral Sayyid Khawar Ali HI(M) DCNS (T&E) Naval Headquarters ISLAMABAD	06 Feb 13	Strategic Management Initiative in Pakistan Navy
24 .	Brigadier (R) Nadir Mir	23 Apr 14	GEO –POLITIK Pakistan
25 .	Rear Admiral Nasir Mahmood SI(M) Director General (C4I) Naval Headquarters ISLAMABAD	30 Apr 14	Naval Operational Logistics Planning
26 .	Admiral (R) Shahid Karimullah NI(M), SJ	19 Sep 13	Military Leadership and Decision Making
27 .	Mr Naeem Aslam Dean National Management College National School of Public Policy	21 Apr 14	Human Resource Management
28 .	Dr Ejaz Akram Associate Professor (Religion & Politics) Lahore University of Management Sciences	4 June 13	Islamic Social System
29 .	Justice (R) Syed Afzal Haider	5 June 13	Concept of Leadership in Islam
30 .	Dr Muhammad Munir	28 May 13	Islamic Concept of Jihad

31 .	Justice (R) Syed Afzal Haider	28 May 13	Concept of Democracy in Islam and Image of Islam at International Level
32.	Senator S M Zafar	27 May 13	Constitution of Pakistan
33 .	Mr Javed Jabbar	29 May 13	National Integration
34 .	Commander (R) Azhar Ahmad PN	24 May 13 03 June 13	Gwadar Port – Challenges and Prospects
35 .	Cdre (R) S M Obaidullah SI(M)	8 Apr 14	World Shipping – Challenges and Opportunities

Workshops attended:

- Attended a workshop on the Law of Armed Conflict organized by International Committee of Red cross held at Pakistan Navy War College Lahore (25th-27th June 2014).
- Attended a workshop on Media Training held at Pakistan Navy War College Lahore by Media Advocacy Center (18th- 20th May 2013)
- Attended a workshop on ‘Teaching Methodolgy’ conducted by Dr Cusrow J Dubash on 9 September 2016.
- Certificate Course on the “Law of Armed Conflict” organized by International Committee of the Red Cross” held at Pakistan Navy War College from 25 June to 27 June 2014.
- Attended a workshop on ‘Active Citizens Training of Facilitators’ held at Kinnaird College for Women, Lahore organized by British Council. (15th to 19th August 2016).
- Attended two days workshop on SPSS Module 1 organized by Quality Enhancement Cell, Kinnaird College for Women, Lahore (2017).
- Workshop on “Literary and historical Approaches to Peace Studies” held at Kinnaird College for Women, Lahore (10th December 2018) organized by Arizona State University and conducted by Dr. Yasmin Saikia.
- Workshop on “Faculty Development” under "Fulbright Specialist Project for Kinnaird College for Women " by USEFP regarding Faculty Development Plan on 22nd May 2024 at Kinnaird College for Women. The Resource Person was Ms Shaz Akram.
-

Peer Reviewer:

- Peer reviewer for “THE BEACON”, issues annually by Pakistan Navy War College, Lahore.
- Peer reviewer “South Asian Studies”, issued by Centre for South Asian Studies, University of the Punjab.
- Peer reviewer “Journal of Political Science”, issued by GCU Lahore.
- Peer reviewer “POLARIS” issued by Bahria University Karachi.
- Peer reviewer “UCP Journal of Humanities & Social Sciences” (UCP-JHSS)

- Peer reviewer “Pakistan Journal of Integrated Social Sciences (PJISS)” by School of Integrated Social Sciences (SISS) & Centre for Security, Strategy and Policy Research (CSSPR), University of Lahore.

Conference participation as Guest Speaker:

- Attended and presented a paper in Kinnaird’s 2nd International Conference on Social Sciences and Humanities (24th-26th October 2019).
- Presented a paper on “Water scarcity and National Security challenges to Pakistan” in one day seminar arranged by Iqbal International Institute of Research and Dialogue on 31st December 2020.
- Presented a paper on “Redefining national security in context of Pakistan” in International Conference of Evolving Global Security Challenges in the post-Covid world organized by CGSS, Islamabad on 31st March 2021.
- Presented a talk on International Day of Multilateralism and Diplomacy for Peace organized by Institute of Peace and Diplomatic Studies Islamabad on 27th April 2021.
- Presented a paper on “BJP-RAW nexus: Detrimental to regional peace and stability” in a conference on ‘Exposing India as a Fake union vis-à-vis atrocities by the BJP regime’, organized by Centre for Global & Strategic studies (CGSS), Islamabad on 26th January 2022.
- Presented a paper on “Geo-political developments in the Indian Ocean: Challenges for CPEC in an International conference on “ China-Pakistan Economic Corridor building narratives” organized by Iqbal International Institute for Research & Dialogue Islamabad on 17 November 2021.
- Presented a paper in a seminar titled “Failed Afghan Prescription and Taliban 2.0: Regional Stakes & Implications” organized by Institute of Peace and Diplomatic studies on 25th August 2021.
- Presented a paper on ‘Changing Dynamics of global security: Understanding the relevance of International/Regional alliances to counter common challenges’ in an conference titled ‘Global Security Re-examined’ organized by Centre for Global and Strategic studies (CGSS) and American University of Emirates on 2 September 2021.
- Presented a paper on ‘Role of women in academia: challenges and opportunities’ in a two-day International conference on ‘Progressive role of women in the changing socio-economic and political dynamics of the world’ organized by Centre for Global and Strategic studies (CGSS), Islamabad on 9th-10th August, 2021.
- Presented a paper with Shireen Mushtaq on ‘vaccine diplomacy or vaccine nationalism: balancing foreign policy and national interest in the COVID 19 pandemic in a conference on’ challenges of governance in Pakistan amid the COVID-19 pandemic’ organized by Department of Political Science, University of the Punjab, Lahore on 7-8 July, 2021
- Presented a paper on ‘Navigating geo-political developments in Indian Ocean: Challenges to CPEC’, in a two-day hybrid conference organized by University of the Punjab on 16-17 March 2022.
- Presented a paper on “Understanding the power struggle between the US, China & India in the IO: Implications for Pakistan” on 21 July 2023 in Maritime Summer School organized by Minhaj University Lahore.
- Participated in Pakistan Political Scientists Covention organized by University of Management and Technology, presented on Role of Women Leadership in the field of IR on 21st November 2023.

- Presented a talk on “Climate Change and International Relations” on 7th May 2024 organized by Department of International Relations, Lahore College for Women University Lahore.

Participation as a Session Chair:

- Participated as Session chair under the theme ‘Challenges of Governance in Pakistan’ in a conference on ‘Challenges of governance in Pakistan amid the COVID-19 pandemic’ organized by Department of Political Science, University of the Punjab, Lahore on 7-8 July, 2021.
- Participated as Session chair under the theme ‘Internal challenges to Pakistan’ in a conference on “Deciphering Global Security Architecture in the 21st Century: Exploring Pathways, Determining Strategies” organized by Department of Political Science, University of the Punjab, Lahore on 16-17 March 2022.
- Participated as Session Chair under the theme “Modern Approaches in Social Sciences Research: Addressing Indigenous and Global Challenges” organized by Lahore Garrison University Lahore, on 25-26 January 2023.
- Participated as Session chair at a Conference held at Minhaj University on 30th May 2024 under the theme “Sea of opportunity: Enhancing Maritime Transportation and Global Connectivity”
- Session Chair in panel discussion titled “Global Diplomacy for Sustainable Development: Strengthening IR to achieve the SDGs” on 11th October 2023 organized by KCLCD.
- Session Chair in International Conference on “Contemporary Trends in South Asian Politics” held on 30-31 January 2024 organized by Department of Political Science, Lahore College for Women University.
- Session Chair for the session on “Interfaith Harmony and Social Cohesion and International Cultural Diplomacy at 09th Lahore International Conference on Culture held on 16th February 2023 organized by KCLCD.

Participation as a Panelist:

- Certificate of Appreciation for being a Panelist in the 5 Days Online Maritime Winter School 2022 on Maritime Affairs: Potential and Challenges for Pakistan organized by CRIMA, Minhaj University.

Workshops conducted:

- Organized a workshop on Media training held at Pakistan Navy War College Lahore from 18th-20th December 2013.
- Organized a workshop on “Nuclear Proliferation in the contemporary World Order” on 5th October 2016 at Kinnaird College under International Relations department.
- Organized a workshop on “Innovations in Social Science research methods” on 22nd September 2017 at Kinnaird College under International Relations department.

- Organized a Webinar on ‘Geopolitics of Western Indian Ocean (WIO)-Implications for Pakistan’, Speaker Muhammad Azam Khan, Director Maritime Centre for Excellence, Pakistan Navy War College Lahore, Fall 2020.
- Organized a Webinar on ‘Sino-Indian strategic conflict: Implications for the region’, Speaker Dr Talat Farooq, Policy Advisor at the Centre for Strategic and Contemporary Research (CSCR) Islamabad on 20th February 2021.
- Organized a Panel Talk and workshop with Department of Botany Kinnaird College for Women on “Botanical and Environmental Resilience through International Relations in achieving SDGs” on 29th April 2024 at Kinnaird College.
- Organized a Talk on “The Next steps towards US-Pakistan relations” featuring Mr Michael Kugelman, Director Wilson center Washington on 25th April 2024 in Hladia Hall, Kinnaird College.
- Organized a talk on Coloniality of Religious Extremism Thesis by Dr Rabea Khan of Liverpool John Moore University on 8th November 2023.
- Hosted a panel discussion titled “Global Diplomacy for Sustainable Development: Strengthening IR to achieve the SDGs” on 11th October 2023
- Organized a talk by Prof Dr Daanish Mustfa, Professor Critical Geography at King’s College London on “The Multiple Meanings of Water in the context of Swat” on 12th August 2024 at Kinnaird College for Women Lahore.

Merit certificate:

- Merit certificate was awarded by HQ COMCEP at 4 AD Brigade Small Arms Range on Small Arms Shooting Competition held on 26th December 2013 at Lahore.
- Recognition Award for service towards Sustainable development Goals awarded by the Principal Kinnaird College for Women Prof. Dr. Rukhsana David in 2023.

Publications:

- Anwar, Umama & Safdar, Aiysha (2023). Dynamics of Indo-Japanese Strategic Partnership and its implications for the United States. *International Journal of Contemporary Issues in Social Sciences*. Vol 2. Issue 3.
- Munir, Maheera & Safdar, Aiysha. (2024). Sino-U.S. Strategic Competition in the Asia-Pacific: Omnidirectional Hedging of Traditional Middle Powers . *Strategic Studies*, 43(2), 21–44. <https://doi.org/10.53532/ss.043.02.00310>
- Abid, Faiza & Fatima, Haya & Safdar, Aiysha. (2022). China’s Strategic Involvement in Africa and its Regional Implications (1949-2022). *NUST Journal of International Peace and Stability*. See <https://njips.nust.edu.pk/index.php/njips>
- Tariq, Ramsha & Ali, Aiysha. Safdar (2022). Analysing the Credibility of Meta-Geopolitical Framework: Implications of Kindleberger Trap on China (Post-BRI). *Margalla Papers*, 26(2), 72–86. Retrieved from <https://margallapapers.ndu.edu.pk/site/article/view/115>

- Syed, Rutt & Safdar, Aiysha. Revisiting Blue Economy: Challenges and prospects for the maritime sector of Pakistan. Journal of Contemporary Studies. 2022. Vol.10. No.2. see <https://jcs.ndu.edu.pk/site/issue/view/27>
- Munir, Maheera & Safdar, Aiysha. The US Free and Open Indo-Pacific Strategy: Implications for China (2017-present). The Polaris. Fall 2021. Vol.3. No.1. Issue 1. See <https://polaris.bahria.edu.pk/index.php/ojs/article/view/40>
- An article titled ‘Emerging US-Japan relations and impact on East Asian security’ in Margalla Papers. 2021. (Issue-II). pp 109-120.
- Safdar, Aiysha & Khan, Azam M. History of Indian ocean-A South Asian Perspective. Journal of Indian Studies. Vol.7. No. 1, January-June, 2021, pp.183-200
- Tahir, Kinza & Safdar, Aiysha. Dynamic of Global Jihad Narrative: A case study of Al-Qaeda and ISIS. Regional Studies. Quarterly Journal of the Institute of Regional Studies, Islamabad .38:4 Winter 2020. Pp.83-104
- Mir, Ifrah & Safdar, Aiysha. North Korea’s Strategy of Maximum Deterrence against US. Journal of Research & Reviews in Social Sciences Pakistan. Vol .4, No. 2, 2021, pp1430-1453
- An article titled ‘Communicative Action in the Age of Information Technology: Case Study of Jasmine Revolution in Tunisia published in International Journal of Contemporary Sociology. Vol 57 issue I.
- An article titled “Hindu Nationalism: Punitive Political Ideology of the Modern State of India” co-authored with Ms Shireen Mushtaq, published in Journal of Indian Studies, Vol. 5, No. 1, January – June, 2019, pp. 61 – 75, http://pu.edu.pk/images/journal/indianStudies/PDF/5_v5_1_19.pdf
- An article published on ‘Iran’s Nuclear Agreement: Rethinking Pakistan’s Middle East Policy’ co-authored with PhD supervisor Dr Iram Khalid, published in ‘South Asian Studies’, a Research Journal of South Asian Studies, Vol. 31, No. 1, January – June 2016, pp. 347 – 366, http://pu.edu.pk/images/journal/csas/PDF/23%20Iram%20Khalid_v31_no1_janjun2016.pdf
- An article published on ‘The China-Pakistan Economic Corridor – Its Maritime Dimension and Pakistan Navy’ in ‘Strategic Studies’, Summer 2016, Vol 35, No 3, http://issi.org.pk/wp-content/uploads/2016/05/Aiysha-Safdar_Vol.35_No.3_20151.pdf
- An article published with the title ‘India's Evolving Strategies Maritime Thought: Blue Water Aspirations And Challenges’ co-authored with Muhammad Azam Khan, published in Journal of Regional Studies, Winter 2015-16, pp 26-47, Vol. XXXIV, No.1 <http://www.irs.org.pk/journal/rswinter2015-16.pdf>

IRCMUNs organized:

- Organized IRCMUN 4.0 in Kinnaird College held 6th -8th March 2024

- Organized IRCMUN 3.0 in Kinnaird College held 23rd - 25th February 2023.
- Organized IRCMUN 2.0 in Kinnaird College held 21st -23rd January 2022.
- Organized first ever IRCMUN 1.0 in Kinnaird College during COVID-19 using online platforms in 2021.

List of courses taught:

Under-graduate Courses:

- Introduction to International Relations
- Area Study: South Asia
- Defense and Strategic Studies
- Contemporary issues of International Relations
- International politics of Human Rights
- Conflict resolution and Peace

Post-graduate Courses:

- Traditional and non-traditional security paradigms
- Geo-strategic and geo-political issues of South Asia
- Conflict and Peace Studies